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PHOTO FROM PETER PIRINGER VIA TWITTER

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Potomac

ALMANAC

Senior Living
PAGE 4

Entrance to Billy Goat Trail section A, an area where many hikers have required rescue. Rachel Parkerson, 32, was found unconscious and later died of hyperthermia.

Dogs Alert
Cyclist to Save Man
NEWS, PAGE 2

Student Art
Sparkles at Geneva
SCHOOLS, PAGE 8

Farm Tour
NATURE, PAGE 7

Hiker Dies After Emergency on Billy Goat Trail

NEWS, PAGE 3

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Man's Two Best Friends

Man “hopelessly stuck in the mud” on Monday was rescued due to the diligent work of his two dogs and an alert cyclist.

Two dogs barking along the the C&O Canal Towpath near Little Falls dam caught the attention of a bicyclist. After a man got stuck in mud near the Potomac River, his two dogs, leashes still attached, got the attention of a cyclist. The dogs' owner was out of sight 50 yards away but the dogs barked incessantly until the cyclist found the man and alerted Montgomery County Fire and Rescue.

Around 2:30 p.m., Monday, fire and rescue received the 911 call for a technical rescue of a man stuck in the mud between Lock 6 and Lock 10. Fire and Rescue and the swift water rescue headed out on ATVs and boats, and after some time looking were able to find the man, still accompanied by the cyclist, about 50 yards from the towpath.

“This is a real cat's meow & dog gone good stuff. ... Who let the Dogs Out,” PIO Piringer tweeted. “The dogs saved the day.”

The man was playing fetch with his two dogs, throwing a stick into the river. He apparently ventured onto the mud to retrieve a stick and then sank and got stuck.

The dogs stayed in his general area but went up

near the towpath barking continuously. The cyclist noticed the dogs still with their leashes on and stopped to see what was going on. It was then that he heard the man calling for help in the distance. Because it was a wooded area, the man was not immediately visible, and without the dogs good work, he might have been stuck for far longer.

The man, 87 according to reports, suffered no injuries and did not need to be transported to the hospital.

Monday's heat index rose above 110 degrees for the third day in a row, and Montgomery County Fire and Rescue crews were called out on numerous incidents and accidents.

“The dogs saved the day.”

— Pete Piringer

Two dogs barking got the attention of a passing bicyclist and persisted until the bicyclist found their owner, 87, who was so stuck in the mud it required rescue workers and special tools to get him free. Here the dogs enjoy a well deserved drink with their owner's mud covered legs visible behind them.



PHOTO FROM PETE PIRINGER, @MCFRSP10 VIA TWITTER



SAVE THE DATE! October 5, 2019 | 6:00pm | Bolger Center in Potomac

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- Plan to bring your family, your friends, and... your canine party animals!... to Bolger Center in Potomac the evening of October 5th. All are welcome!

It's a rockin', upscale, 60s frat-style party benefiting lost, homeless, and abused animals in Montgomery County!

Don't miss the fun! For advance tickets and more info, visit:
<https://3rdannualmcpawparty.eventbrite.com>

MCPAW (Montgomery County Partners for Animal Well-Being) is the dedicated nonprofit partner of the Montgomery County Animal Services and Adoption Center (MCASAC). Proceeds benefit the homeless animals at MCASAC.

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Rockville, MD 20850

Hiker Dies from Heat On Billy Goat Trail

A hiker died Saturday, July 20, from hypothermia while on the main section of the famous Potomac Billy Goat trail. Montgomery County Fire and Rescue performed CPR on Rachel Parkerson, 32 of Severn, after responding to a report of an unconscious female on the trail.

Other hikers and people close to the trail assisted Parkerson, and guided more than a dozen rescue workers to the scene on Saturday, the second of three days with heat index over 100 degrees. Swift water rescue teams from Cabin John Volunteer Park Fire Department extracted her from the rough terrain and Park Police hoisted Parkerson by helicopter and to Suburban Hospital where she died.

Park Police say the cause of death was accidental with hyperthermia being the attributing factor.

Montgomery County Fire and Rescue responded to nearly a dozen other calls from the same area on Sunday.

During the heatwave, the Billy Goat Trail has been closed at times, and authorities urge hikers to have sufficient water to stay hydrated, at least two liters per person. The Park Service strongly discouraged anyone from hiking on the Billy Goat trail between 10 a.m. and 4 p.m. in the heat.

According to Fire and Rescue, dangerously high temperatures and humidity can quickly cause heat stress or heat stroke if precautions are not taken. Use caution when visiting the park. Avoid strenuous outdoor activities. Check the weather before planning your trip.

Even in favorable weather, Billy Goat section A is challenging and dangerous. A sign in early parts of the trail says: "Difficult Trail Ahead. Many hikers are injured every year on this section of the Billy Goat A trail. The terrain includes sharp drops, requires jumps across open areas, walking along the edges of rocks

From Twitter

Pete Piringier@mcfrrsPIO

Hiker on Billy Goat Trail died at hospital after suffering a medical emergency (presumably heat related) on Saturday ~2p, patient located by >dozen @MCFRRS EMIHS 1st Responders & @mcfrrs SWRT medics (near BGT A traverse) & extracted via hoist from rough terrain by USPark Helicopter

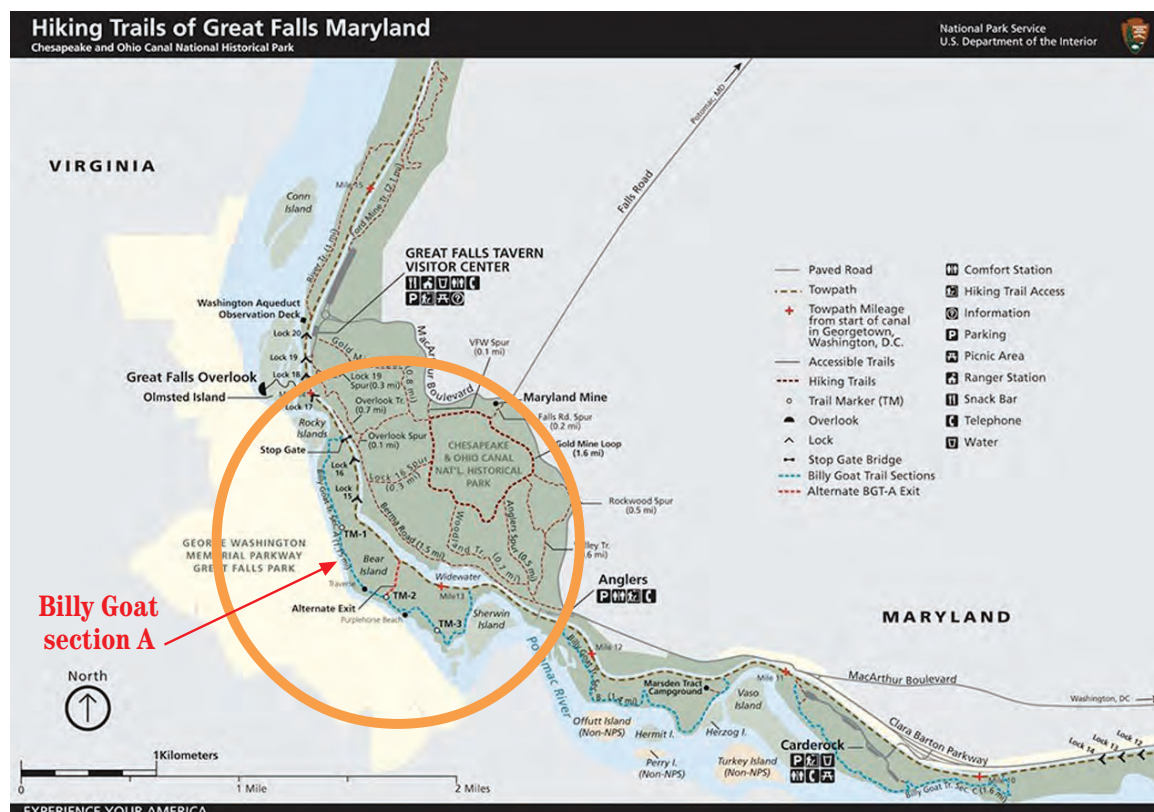
Several Passerbys (others in close proximity on Trail) immediately came to the aid of the stricken hiker & not only guided @mcfrrs rescuers to scene, but remained on phone w/ 911 operators & assisted w/ medical treatment until FFs & medics arrived on scene - others were transported

Update - @COcanalNPS Billy Goat Trail A, hiker w/ medical emergency, @MCFRRS EMIHS & SWRT medics w/Pri1 patient, boats at River's edge, extraction via USPark medevac & hoist evac of patient

Billy Goat Trail A - CLOSED RT @COcanalNPS Billy Goat Trail sec. A near Great Falls is CLOSED due to excessive heat. Excessive Heat Warnings and Heat Advisories are in effect. Heat indices are ranging between 105-115°F. NPS Staff will reevaluate conditions on Monday

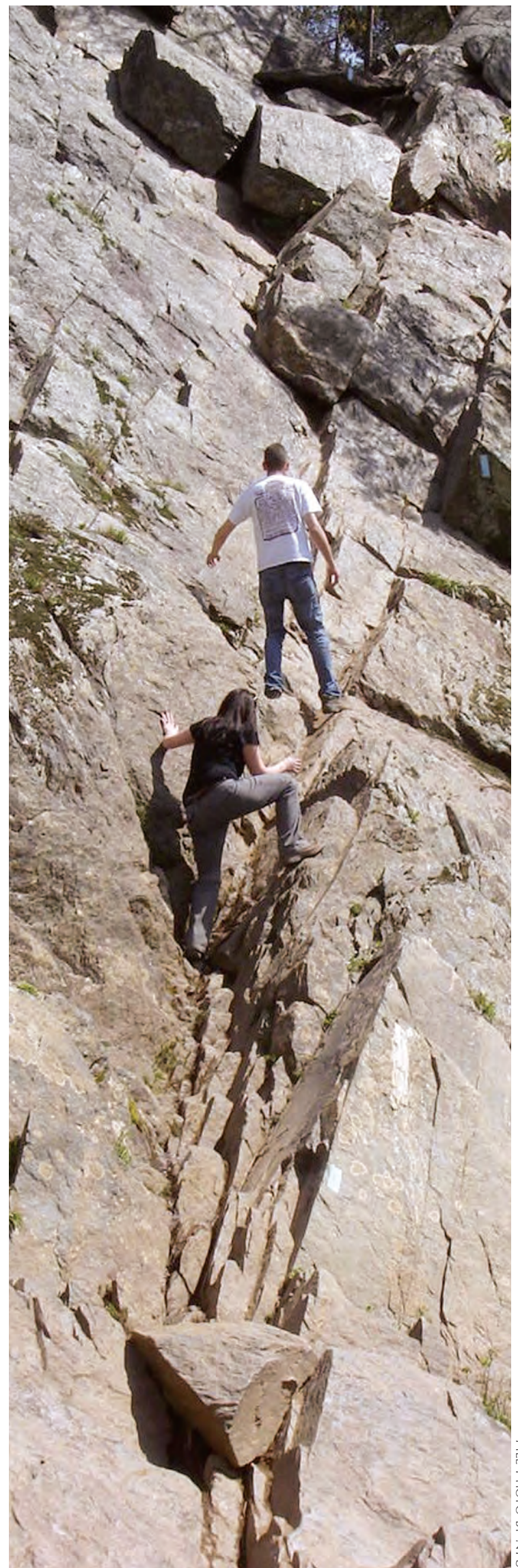
Hiker with medical emergency on Billy Goat Trail Saturday has died, officials say.

and a climb up a 50-foot-traverse. Beyond this point, the next available exit is at the midpoint, up to an hour hike over difficult terrain. If you are tired, low on water, or unprepared for a very strenuous hike, please turn back."



The Billy Goat Trail is divided into three sections, with section A being the most difficult.

WWW.CONNECTIONNEWSPAPERS.COM



Climbing the traverse, 50 feet of sheer rock, is part of the Billy Goat Trail section A, shown here in a file photo. This is near where Rachel Parkerson, 32, was found unconscious. Parkerson died of hyperthermia.

POTOMAC ALMANAC ♦ JULY 24-30, 2019 ♦ 3

FILE PHOTO BY NPS



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Senior Living



Drinking plenty of non-alcoholic fluids like water, even if you're not thirsty can help prevent heat related illnesses.

Beating the Heat

Seniors at greater risk for heat-related illnesses.

BY MARILYN CAMPBELL
THE ALMANAC

With the sunny days of mid-summer come sweltering heat. This week's heat indexes topping 110 degrees in some cases illustrate that July and August are the hottest months of the year, according to the National Centers for Environmental Information.

Soaring temperatures may have the greatest impact on those who are over the age of 65.

"They are more likely to have a chronic medical condition that changes the normal body's responses to heat," said Amy Vennett, BSN, RN, Program Manager and Nursing Case Management for Arlington, County. "Older adults don't adjust as well as young people to sudden changes in temperature. They're more likely to take prescription medicines that affect the body's ability to control its temperature or sweat."

The physical, cognitive and social changes that happen as one ages, make one more susceptible to illnesses related to extreme heat, says Ingrid Parkhurst, Center Nurse Coordinator and Gerontologist for the Fairfax County Health Department. "So, when it comes to the heat, we need to think about all three perspectives. Physically, older adults might overheat, sunburn and dehydrate more easily given changes to their bodies. Cognitively, older people are more likely than the general population to suffer from some mental decline, [and] they may not be able to communicate their needs in the heat as readily, leaving them open to dehydration and heat-related illnesses."

Vennett says that the signs that might signal the onset of such an illness include "Heat stroke, heat exhaustion, heat cramps, sunburn, and heat rash."

Local counties offer help during times of extreme heat, says Brian Roberts of the Montgomery Health



and Human Services Department. "Anyone who needs to get out of the heat can take advantage of the cooling centers like senior centers during normal business hours."

Staying indoors during the hottest parts of the day, is the most obvious way to prevent illnesses, says Vennett. "If you do spend time outside, wear light-

weight, loose-fitting clothing. Drink plenty of non-alcoholic fluids like water, even if you're not thirsty."

"Stay ahead of your thirst," continued Vennett. "On days with heat advisories, take sips from a water bottle all day. If you feel sick, see your physician. Older adults can have multiple health problems at once, and dehydration can affect any of these."

Some older adults go through social changes that could leave them isolated and unable to

seek help before reaching the point of an extreme heat-induced illness, says Parkhurst. "That is dangerous because if they do not have social connections it will be harder for them to access the care they need, especially in an emergency," she said. "Those who are isolated or lack the physical ability to drink adequate amounts of water or recognize thirst are at greater risk. And, dehydration easily leads to urinary tract infections in older adults."

Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

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2 9923 Carmelita Drive — \$1,955,250



7 18 Bridle Court — \$1,600,000

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3 13311 BRASS RING PL	4	.3	.2	POTOMAC	...	\$1,800,000 Detached	1.06	20854	MERRY GO ROUND FARM	05/06/19
4 9614 PINKNEY CT	5	.5	.2	POTOMAC	...	\$1,774,900 Detached	0.63	20854	CONCORD	05/24/19
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6 11813 WOOD THRUSH LN .5	.5	.1	POTOMAC	...	\$1,642,500 Detached	0.54	20854	GREENBRIAR ESTATES	05/03/19	
7 18 BRIDLE CT	5	.4	.1	POTOMAC	...	\$1,600,000 Detached	0.43	20854	RIVER FALLS	05/09/19
8 10828 LOCKLAND RD	6	.6	.1	POTOMAC	...	\$1,600,000 Detached	2.02	20854	NONE AVAILABLE	05/17/19

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ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Art Exhibition: Maryland

Federation of Art. Through July 27, Wednesday-Saturday, noon-6 p.m. at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. Gallery B presents its July exhibition, "MFA @ Gallery B," a juried exhibition of work by Maryland Federation of Art members. Visit www.bethesda.org

Summer Read and Learn This year's theme for The Montgomery County Public Libraries' (MCPL) 2019 Summer Read and Learn Program is "A Universe of Stories," encouraging children of all ages to dream big, believe in themselves, and create their own stories. Space is featured in celebration of the 50th anniversary of the moon landing. Sign up online or at any branch through Aug. 31. Earn prizes (while supplies last); vouchers to a Friends of the Library, Montgomery County (FOLMC) bookstore; or raffle entries. Visit www.montgomerycountymd.gov/library.

Wings of Fancy. Exhibit hours through Aug. 31 are 10 a.m.-1 p.m. weekdays and 10 a.m.-5 p.m. weekends. Hours will be 10 a.m.-5 p.m. daily Sept. 1-22 at Brookside Gardens South Conservatory, 1800 Glenallan Ave., Wheaton. A live butterfly and caterpillar exhibit. Visitors will be surrounded by hundreds of live butterflies from North America, Costa Rica, Africa and Asia. Learn about their metamorphosis, the role butterflies play in healthy ecosystems, and how to ensure these insects thrive. Call 301-962-1400 or visit www.montgomerypark.org/parks-and-trails/brookside-gardens.

THURSDAY/JULY 25

Thursday Night Concerts: MoCo's Got Talent (Variety). 7 p.m. at Veterans Plaza, One Veterans Place, Silver Spring. The concert series returns with a full line-up, featuring touring artists and local favorites. From Motown to rock to Oldies, the popular summer concert series has music for everyone. Free. Visit www.silverspringdowntown.com/summer-concert-series or call 240-777-0311.

SATURDAY/JULY 27

Farm Tour. 10 a.m.-4 p.m. at Poplar Spring Animal Sanctuary, 15200 Mt. Nebo Road, Poolesville. Meet the more than 250 rescued animals at Poplar Spring and enjoy hay rides, refreshments for sale, and a giant yard sale to benefit the animals. Musical group Buntopia perform a blend of rock, blues, country and

more music. The gift shop will be open and visitors are welcome to stroll around the sanctuary grounds to meet and visit with all the animals. Visit www.animalsanctuary.org for more.

Celebrating Zelda Sayre

Fitzgerald. 2-3:30 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Adults. This program will focus on an often-neglected facet of Zelda's life: that of a serious artist who produced numerous works of art throughout her adult life. With a style epitomizing the carefree spirit and piquancy of the 1920s, Zelda produced a fanciful visual diary of figures and dancers, paper dolls, children's illustrations, flowers, cityscapes, biblical paintings, and landscapes in watercolor, gouache, pencil and oil. Call 240-777-0694.

Live Comedy. 8 p.m. at Cissel-Saxon American Legion Post 41, 8110 Fenton St. Stand-Up Silver Spring goes military. Sir, yes sir! As a way of saying thank you to Post 41, Stand-Up Silver Spring presents a line-up of comedians who are all veterans. Check out Linette Palladino, Kandace Saunders, Pete Bergen, Stephanie Kline and Che Rose. This year marks the 100th Anniversary of the founding of the American Legion. Tickets \$16-\$25 at www.eventbrite.com/e/stand-up-silver-spring-military-edition-tickets-64436483256.

THURSDAY/AUG. 1

"Magic That Came From Outer Space!" 10:30 a.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Magician Mike Rose presents a magic show that is not like other magic shows. Rose's new show, "Magic That Came From Outer Space!" is created specifically for libraries and is designed to complement the 2019 Summer Reading theme "A Universe of Stories." Free. Call 240-777-0690.

Thursday Night Concerts: The HitTime Revue Featuring Jimi Smooth (R&B, Soul). 7 p.m. at Veterans Plaza, One Veterans Place, Silver Spring. The concert series returns with a full line-up, featuring touring artists and local favorites. From Motown to rock to Oldies, the popular summer concert series has music for everyone. Free. Visit www.silverspringdowntown.com/summer-concert-series or call 240-777-0311.

FRIDAY/AUG. 2

Casual Concerts at Glen Echo. 7:30 p.m. at Washington Conservatory of Music at Glen Echo Park, 7300 MacArthur Blvd., Bethesda. Jazz trio: Marty Nau, saxophone; Robert Redd, piano; and Steve Novosel, bass; with music from the Great American Songbook. Each concert date will correspond with an Art Walk in the Park, an evening of open studios and

artist talks organized by the Glen Echo Park Partnership for Arts and Culture. Admission is free, and donations are welcome at the door. Visit washingtonconservatory.org or call 301-634-2250.

SATURDAY/AUG. 3

Chinese Book Discussion. 10:15 a.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Adults, seniors. Chinese book discussion in Chinese language. End of the People by Zhou, Daxin. Ask for the book at the circulation desk. Free. 90 minutes. No registration. Call 240-777-0694.

SUNDAY/AUG. 4

Jazz and Jam. 2:30-5:30 p.m. at Normandie Farms Restaurant, 10710 Falls Road, Potomac. The Conservatory Classic Jazz Band opens and closes with traditional jazz. A jam session is in the middle. People cheer, clap and dance and generally have fun. Students and jammers are free, others pay \$10. Call 240-447-2054 or visit PRJC.org for more.

Waltz Dance. 3:30-6 p.m. at the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Introductory Waltz Workshop from 2:45-3:30 p.m. Featuring the band Trio con Brio who will provide a mix of folk waltzes with a few other couple dances, including Hambo, Schottische, Swing, Tango, and Polka. Admission is \$13, \$5 for full-time students with student ID. No partner required. Call Joan Koury at 202-238-0230 or Glen Echo Park at 301-634-2222, or visit www.WaltzTimeDances.org.

MONDAY/AUG. 5

Paperspace. 12:30 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Come create with the Library's Paperspace and a paper-based project for to make. Adult supervision is required for children 8 and under. Please ask for scissors and glue. While supplies last. Free. Call 240-777-0690.

TUESDAY/AUG. 6

Family Science Night. 6 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Elementary school age, preschool and kindergarten. Family Science Night is an educational STEM program designed for the whole family. As a family, work together on fun activities to explore the universe. Call 240-777-0694.

THURSDAY/AUG. 8

Thursday Night Concerts: The Soul Crackers (Motown Soul). 7 p.m. at Veterans Plaza, One Veterans Place, Silver Spring. The concert series returns with a full line-up, featuring touring artists and local favorites. From Motown to rock to Oldies, the popular summer concert



PHOTO BY STEPHANIE STEVENS

Cassidy Jagger, Tracy Johnson and Cindy Gil with Boomeroo and Clara. Watch for a repeat appearance 11 a.m. Aug. 17 at Potomac Library, 10101 Glenolden Drive, Potomac. Meet a live kangaroo and wallaby. Tickets will be handed out half an hour before the program; starting at 10:30 a.m., first come, first served. Call 240-777-0694

series has music for everyone. Free. www.silverspringdowntown.com/summer-concert-series or call 240-777-0311.

SATURDAY/AUG. 10

Book Sale. 10 a.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Monthly Potomac Friends of the Library Book Sale features books, DVDs, and more available for children, teens, and adults. All are welcome. Call 240-777-0694.

Strathmore's Bloom Concert Series: Josanne Francis. 6 p.m. at Good Hope Neighborhood Recreation Center, 14715 Good Hope Road, Silver Spring. The concerts are part of a collaboration and partnership with Montgomery County Recreation and Strathmore. The concerts are free and family-friendly. Reserve tickets at www.strathmore.org.

THROUGH SUNDAY/AUG. 11

A Trace Left by the Future is a solo exhibition by Washington, D.C.-based artist and VisArts Studio Fellow Jonathan Monaghan, featuring new sculpture, video, print and installation work which uncovers fears and anxieties about an increasingly technological future. Through Aug. 11 at the Gibbs Street Gallery, 155 Gibbs St., Rockville. Premiering is Out of the Abyss, a 19-minute seamlessly looping video installation. Also presented are new print and wallpaper works. These cryptic works draw attention to the increasingly blurry lines between the natural and artificial.

Wherever I go I take my clutter with me, an exhibit at Common Ground Gallery, 155 Gibbs St., Rockville, second floor. Natasa Galecic presents mixed media drawings and a site-specific installation that reflect frantically growing landfills and fragile hybrid landscapes where wild, natural, and human-made environments collide.

MONDAY/AUG. 12

Flower Buds Preschool Classes. 10:30 a.m.-noon at Brookside Gardens, 1800 Glenallan Ave., Wheaton. Gardening activities,

stories, crafts and garden walks for children 3-5 years. Younger siblings are welcome, but the crafts are designed for older kids. Adults must accompany children. \$7 per child. Registration required, visit www.activemontgomery.org.

THURSDAY/AUG. 15

Baby and Toddler Storytime. 10:30 a.m. at Potomac Library, 10101 Glenolden Drive, Potomac. A storytime experience for the youngest library users and their caregivers. These 20-30 minute storytimes introduce a diverse collection of books, songs, rhymes and bounces. Call 240-777-0694.

Stay and Play. 11 a.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Open play program at the Potomac Library. Library provides the toys and music, participants bring the smiles. This program is for children aged 0-6 years old along with their families. Call 240-777-0694.

Appetizers and Art. 5:30-8 p.m. Meet at Astro Brewing, 8216 Georgia Ave., Silver Spring. Learn about Silver Spring's public art with free artwork tours. Montgomery Planning will provide appetizers for attendees. Drinks and main entrees are available for individual purchase. The art walk is free; registration is limited. Visit www.silverspringdowntown.com/art-walk-tour to sign up.

SATURDAY/AUG. 17

31st Annual Great Falls Race. 9 a.m.-1 p.m. at Great Falls Tavern Visitor Center, 11710 MacArthur Blvd, Potomac. The Great Falls Race was one of the original extreme whitewater competitions, and more than 30 years later it will still be one of the most challenging. The premiere event of the Potomac Festival is a sub-60 second sprint down through the powerful cataracts dropping nearly 60 vertical feet. Visit potomacfestival.org/race.html

Meet a Kangaroo and Wallaby. 11 a.m. at Potomac Library. Meet a live kangaroo and wallaby. Learn all about what they eat and where and how they live with Roos2U. See photo above. Tickets will be handed out half an hour before the program.

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NATURE

MoCo Farm Tour July 27-28

The Montgomery County Office of Agriculture is hosting the 30th annual Farm Tour and Harvest Sale on Saturday, July 27 and Sunday, July 28. The Farm Tour offers opportunities to pick fresh flowers and produce, meet some farm animals, and simply enjoy the natural beauty of the Agricultural Reserve.

All 19 farms will be open Saturday July 27, 2019 and 13 will reopen on Sunday July 28, 2019 as well. GENERAL INFORMATION LINE: 301-590-2810.

The event will take place rain or shine, however, some events and activities scheduled at the farms may be delayed or cancelled due to inclement weather conditions including poor air quality.

Montgomery County has the highest percentage of farmland under agricultural land preservation easements in the country.

Agriculture contributes \$282 million to the county's economy.

There are 558 farms and 350 horticultural enterprises across the county.

The average farm size in Montgomery County is 117 ACRES.

Montgomery County was among the first counties in the nation to develop no-till conservation farming.

For a complete description and map, see: www.montgomerycountymd.gov/ag/services/Resources/Files/Farm_tour/2019/farm%20tour%20brochure_WEB.pdf

Some of the locations open both Saturday and Sunday:

BUTLER'S ORCHARD 22222 Davis Mill Rd., Germantown, 20876 Open 8:30 a.m. - 5:30 p.m. | 10 a.m. - 4 p.m. (Farm Tour Activities) 301-428-0444 | www.butlersorchard.com

BUTTON FARM LIVING HISTORY CENTER 16820 Black Rock Rd., Germantown 20874 Noon - 4 p.m. 202-903-4140 | www.buttonfarm.org

HOMESTEAD FARM 15604 Sugarland Rd., Poolesville, 20837 9 a.m. - 5 p.m. 301-977-3761 | www.homestead-farm.net

KING BARN DAIRY MOOSEUM 18028 Central Park Circle, S. Germantown Recreational Park, Boyds, 20841 Saturday 10 a.m. - 3 p.m. | Sunday 1 p.m. - 4 p.m. 301-254-6575 |

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

NEW HOURS

Community Centers Extend Hours. Montgomery County Recreation (MCR) has extended Friday and Saturday hours to 11 p.m. at five community recreation centers.

- ❖ **East County** (Friday-Saturday, 10 a.m.-11 p.m.), 3310 Gateshead Manor Way, Silver Spring
- ❖ **Good Hope** (Friday-Saturday, noon-11 p.m.), 14715 Good Hope Road, Silver Spring
- ❖ **Long Branch** (Friday-Saturday, 10 a.m.-11 p.m.), 8700 Piney Branch Road, Silver Spring
- ❖ **Plum Gar** (Friday, 9 a.m.-11 p.m.; Saturday, 10 a.m.-11 p.m.), 19561 Scenery Drive, Germantown
- ❖ **White Oak** (Friday-Saturday: 9 a.m.-11 p.m.), 1700 April Lane, Silver Spring

The new community recreation center in Wheaton, which is scheduled to open later this year, will also have extended hours on Fridays and Saturdays. Visit mocorec.com.

WEDNESDAY/AUG. 7

Potomac Rotary Gatherings. 7:15-8:30 a.m. at Founding Farmers MoCo, 12505 Park Potomac Ave.,

www.mooseum.com

KINGSBURY'S ORCHARD 19415 Peach Tree Rd. Dickerson, 20842 9 a.m. - 6 p.m. 301-972-8755 | www.kingsburysorchard.com

LEWIS ORCHARDS 18901 Peach Tree Rd., Dickerson, 20842 9 a.m. - 7 p.m. 301-349-4101 | www.lewisorchardfarmmarket.com

MCG GOLF 16601 W Willard Rd., Poolesville, 20837 Concessions: 11 a.m. - 5 p.m. | Fine Dining: Saturday 6:30 p.m. 240-907-2209 | www.mcggolf.com

R.B. SAVAGE & SONS FARM, LLC 23035 Mt. Ephraim Rd., Dickerson, 20842 10 a.m. - 4 p.m. 301-370-7111 | Facebook: @rbsavageandsonsfarm

ROCKLANDS FARM WINERY 14531 Montevideo Rd., Poolesville, 20837 11 a.m. - 6 p.m. 301-825-8075 | www.rocklandsfarmmd.com

STAR GAZING FARM 16760 Whites Store Rd., Boyds, 20841 10 a.m. - 4 p.m. 301-674-5716 | www.stargazingfarm.org

WAREDACA BREWING COMPANY 4017 Damascus Rd., Laytonsville, 20882 Saturday 1 p.m. - 8 p.m. | Sunday 1 p.m. - 6 p.m. 301-774-BEER (2337) | www.waredacabrewing.com

Open Saturday only:

CAMP OLYMPIA 5511 Muncaster Mill Rd., Rockville, 20855 10 a.m. - 3 p.m. 301-926-9281 | www.camp-olympia.com

CHOCOLATES AND TOMATOES FARM 11104 Watkins Rd., Germantown*, 20876 9 a.m. - 4 p.m. 571-271-2686 | 301-655-4000 Alan Black www.chocolatesandtomatoes.com We are located on a 3 acre suburban

DOC WATERS CIDERY 22529 Wildcat Road, Germantown, 20876 1 p.m. - 8 p.m. 301-253-4956 | www.watersorchard.com

MADISON FIELDS 21355 Big Woods Rd., Dickerson, 20842 10 a.m. - 4 p.m. 301-349-4007 | Facebook: @madisonfields.md

POPLAR SPRING ANIMAL SANCTUARY 15200 Mt. Nebo Rd., Poolesville, 20837 10 a.m. - 4 p.m. 301-428-8128 | www.animalsanctuary.org

RED WIGGLER COMMUNITY FARM 23400 Ridge Rd., Germantown, 20876 10 a.m. - 3 p.m. 301-916-2216 | www.redwiggler.org

Potomac. Rotary Club of Potomac meets for breakfast first and third Wednesday of each month and a Happy Hour at Sugo Pizzeria, 5-7 p.m., on the last Wednesday. Learn how to serve humanity globally. Individuals pay for their own breakfast. No admission fee. Visit www.PotomacRotary.org for more.

FRIDAY/AUG. 16

Application Deadline. Montgomery County's Community Action Board is now accepting applications for its Community Advocacy Institute. The Community Advocacy Institute is a free program that will teach residents basic advocacy skills and provides hands-on opportunities to advocate for important issues in the community. To qualify for the program, participants must be Montgomery County residents with household incomes of \$55,000 or less. Visit montgomerycountymd.gov/communityaction.

WEDNESDAY/AUG. 21

Potomac Rotary Gatherings. 7:15-8:30 a.m. at Founding Farmers MoCo, 12505 Park Potomac Ave., Potomac. Rotary Club of Potomac meets for breakfast first and third Wednesday of each month and a Happy Hour at Sugo Pizzeria, 5-7 p.m., on the last Wednesday. Learn how to serve humanity globally. Individuals pay for their own breakfast. No admission fee. Visit www.PotomacRotary.org for more.

POTOMAC ALMANAC

www.PotomacAlmanac.com

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"Come On Down!"



By KENNETH B. LOURIE

Except I was not sitting in the audience for "The Price Is Right" when I heard my name called.

Nor was I needing to guess the cost of my infusion with my treatment that day contingent on my guess not exceeding the "actual retail price." And neither were there any of "Barker's Beauties" to wave their hands and showcase what items I would be attempting to price right.

No. There were only multiple oncology nurses standing in front of the Infusion Center's entry door calling out the names of the next patients lucky enough to begin their treatment.

It wasn't exactly "Plinko," but once inside the Center, the fun, such as it is, really begins.

At least that's the way the activity appeared to me. The preceding day was July 4, and the Center was closed forcing those Thursday patients to be rescheduled to either Wednesday or Friday. As a result, the waiting area was particularly full with patients, along with their family and friends – all of whom are encouraged to attend.

In the midst of this crowd, I sat and waited. We hadn't exactly been assigned numbers, but we were assigned oncology nurses and therefore could only enter the Infusion Center with their assistance.

Then, with all of us "waiters" looking at the entry door, waiting for an oncology nurse to walk through and call our name, the door lock clicked open and out walked two oncology nurses. As soon as they cleared the door and entered the waiting area, they called out their respective patient's names (unfortunately not mine).

Upon hearing their names, the two patients and nearly half a dozen of their supporters got up and moved eagerly toward the entry door. It reminded me of the beginning of "The Price Is Right" when four audience members' names are called in quick succession and implored to "Come On Down!" by George Gray (Johnny Olson, the original announcer, retired years ago) and officially become one of that day's contestants.

However, once inside the Infusion Center, it's dead serious.

Your life is at stake, maybe even at risk, depending upon your cancer/treatment, and at this point, you're not playing any more games (although occasionally, you may be guessing the price of things and wondering how it all gets calculated). So, you slide into your Barcalounger, hold out your arm to have your bar-coded wristband scanned and prepare for your hopefully, life-saving infusion – don't smoke 'em, even if you got 'em.

It's rare that you'll see your oncologist in the Center.

Typically, they'll be seeing patients in examining rooms, performing surgery or rounding in local hospitals. But they're always a phone call away should the nurses need any additional instructions or clarification.

Generally speaking, once inside the Center, all goes as anticipated for us patients: you're in, you're treated, you're out. And when you're out, new patients names are called and on and on it goes, just like "The Price Is Right," except the program doesn't end in an hour.

And just like "The Price Is Right," where there are no shortage of audience members wanting to participate, at the Infusion Center, likewise, there seems not to be a shortage of patients wanting to be treated either. (Granted it's not exactly the same thing, but you get my drift, I'm sure.)

Cancer is not fun, nor funny, and an Infusion Center is not filled with anticipation of cash awards and magnificent trips. There is however, lots of empathy and understanding - from your support system and from staff as well.

But it's the last place you want to be, unlike "The Price Is Right."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ART APPRECIATION

Art Show at Geneva Day School Invites Time Travel

Hands-on study of art history comes to life in art show, and student love of arts.

Geneva Day School hosted its 39th Art Show by transforming into a gallery of masterpieces generated by students over the course of the year both in classes and through specialized art programs. "This is a wonderful opportunity to showcase the innate artistic talents of children at all ages and give them an opportunity for expression," said Director Suzanne Funk.

For decades, Geneva's innovative, spiraling curriculum has provided Elements of Art to 3 and 4 year olds, Works of Wonder to PreKindergarten, and Art Through the Ages to Kindergarten. Each program creates enthusiasm for art by asking students to tap their senses, think critically, and imagine. Concepts such as lines, shapes, colors, textures, and spatial relationships are introduced in Elements of Art and then revisited the following years through a deepening exploration of what is visual and tactile.

By the time students are enrolled in PreKindergarten, they know to recognize repeating patterns in nature and apply such knowledge through replication of Native American Indian art.

Kindergartners ecstatically explore Art through the Ages by donning their "time travel caps." In September, they participate in a "dinosaur dig" to retrieve "prehistoric bones" and create rubbings. They soon visit the "era of the caveman" by examining primitive drawings. Through simple strokes of charcoal, they render their own stories on "cave walls."



Geneva Alum Chloe Brokt, a 10 year-old violinist from Stone Ridge, traced love of her instrument to her earliest exposure to music at Geneva.

A visit to early civilization in Ancient Egypt spurs a study of the pyramids; students recreate funeral traditions by volunteering to be wrapped as mummies and then come to life again to tell their stories through friezes and hieroglyphics. Ancient Greek and Roman Art yield a discovery of vase, fresco, and tile-making processes just as Medieval and Renaissance Art provide a more intimate study of the Masters. Students paint the "Sistine Chapel ceiling" beneath tables lined with paper to replicate Michelangelo's experience.

In an embrace of Modernity, students discover Impressionism, Pointillism, and Mondrian patterns, among other movements. They create landscapes, cityscapes, and seascapes, as well as abstract pieces that crescendo with Alexander Calder-esque mobiles and Jackson Pollock paint splattered canvases. One such gorgeous canvas the Kindergarten Class created collaboratively and offered for auction at the School's



Portrait by Kenzie Neal at Geneva Day School.

Annual Fundraiser.

Earlier in the month, Kindergartners took a celebratory field trip to the National Gallery of Art where they revelled in seeing first-hand the works they had studied. Docents remarked how knowledgeable the students were, as they knew many secrets of the paintings. One such secret is that Jackson Pollock's "Lavender Mist"



Geneva Day School student Avery Amadi, age 4, with masterpiece.



Geneva Day School Art Specialist Barbara Korb with Tessy Joseph, assistant.

is permanently embedded with an insect.

Likewise at the art show, current Geneva Day School students provided "tours" to hundreds of parents, extended family and friends during the event.

Heightening this impression were student-musicians (some currently enrolled at Geneva and others graduated) who serenaded

with their piano and violin-playing. Chloe Brokt, a 10 year-old violinist from Stone Ridge, traced love of her instrument to her earliest exposure to music at Geneva; a professional had played for her class and she was forever inspired.

At intervals, guests of all generations broke into dance and song.

For more, see www.genevadayschool.org



Henri Matisse cut outs at Geneva Day School.

Students at Geneva Day School created Monet waterlilies.